

## MEDITATION ROOM AT CONVENTION 2024

The Room is made available from Friday am till Saturday pm  
There will be classes on Yoga and Meditation over the weekend.  
Sharon, Helen and Becky will be taking the lead on these classes.  
The program for the weekend will be available at convention.

All this and much more is include in you registration fee.

All information about our 35<sup>th</sup> event is on our website

[Birminghamconvention.com](http://Birminghamconvention.com)

If you have any question email us on

[heartofenglandconvention@yahoo.com](mailto:heartofenglandconvention@yahoo.com)